

**Gumberg Family Library at the Hillman Cancer Center**  
*Patient and Family Education and Information Center*

*Need More Information?*

Please stop in — we're located in the Cooper Pavilion on the ground floor near the elevators.

*What's Available*

We have an extensive collection of books, pamphlets, videotapes, audiotapes, and CD-ROMs. You may use these resources here or borrow them for use at home. You can find information on many specific types of cancer, as well as on the following topics related to cancer:

- appearance enhancement
- caregiver and family issues
- talking to your children about cancer
- coping (stress management, relaxation, imagery, humor, inspirational)
- general health references
- grief and loss
- intimacy and sexuality
- nutrition
- personal accounts of dealing with cancer
- prevention and detection
- treatment
- complementary and alternative medicine

We also have information about community resources and educational and support groups in the local and regional area. We have computers for patient and family use that can provide access to the World Wide Web. You are welcome to search for information on your own, or we are happy to help beginners learn how to use the Internet.

*We Can Help*

Our helpful staff will be glad to assist you in finding what you need — including reading or viewing materials and computer searches for information.

**Open 8 a.m. to 4:30 p.m. Monday through Friday**

412-623-4733



**UPMC Cancer Centers**